

## Fitted mask instructions

What you will need:

100% cotton fabric

2 x 7 inches of  $\frac{1}{4}$  inch (width) elastic (8 inches if doing the non serged method)

Optional floral wire or other bendable, washable nose piece

Black label fitted mask pattern

Serged version (includes filter pocket) :

- 1) Cut out two pieces (facing opposite directions) of your outer fabric. Then cut out two pieces (facing opposite directions) of your inner fabric with the pattern folded at the “tiny” size line. (red line on example photo). Then serge the short ends.



- 2) Clip the center curved edge with right sides together (pins work as well) and serge along the clipped edge.



- 3) With right sides together, insert the lining into the outer piece and clip the top as well as the bottom. Make sure that the center seams of the outer piece and the lining line up





- 4) Then serge along the top and along the bottom. Make sure to serge the whole edge, not just the part with the lining.



- 5) Then turn the mask right side out and iron the edges. Do not be discouraged if this is challenging just go slow and steady around the edges. Make sure to keep the same folded over and ironed seam allowance on the sides.

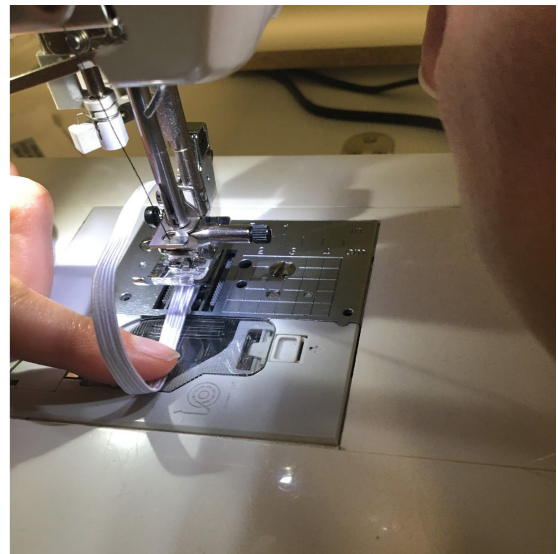
- 6) Then top stitch the top as well as the bottom



- 7) Next fold over and iron the sides to make a flap for the elastic. The edge should line up with the edge of the lining



- 8) Next you are going to sew your elastic into loops. If you find a different way to be easier feel free to do that instead, this is what I find to be easiest. With a zigzag stitch put the needle down in the elastic about 3/8ths of an inch away from the end of the elastic. Lift up the presser foot and place the other side of the elastic in a loop with the other side. It should be overlapping.





- 9) Zig zag stitch down and back stitch over the overlapping piece several times



- 10) Place the elastic in the flap you made on the sides of the mask and stitch the flap down. Make sure to back stitch a few times at the ends as there is a lot of strain on this seam.



11) Optional nose piece channel:

Starting at the edge of the lining stitch along the top of the mask (make sure it is the top) about  $\frac{1}{4}$  inch away from your top stitching. Be very careful to keep a consistent seam allowance.



12) Feed your nose piece through the channel. If using floral wire bend over the edges to avoid stabbing the wearer.



And you're done! Please drop off masks at one of the designated drop off locations. Please record any volunteer hours. Thank you!



Non serged version:

Cut out four pieces with the pattern, two facing one way and two going the opposite direction.



Fold over  $\frac{1}{4}$  inch and iron on the short end of all the pieces.



Pair up the pieces and pin them with right sides together.



With  $\frac{1}{4}$  inch seam allowance, sew along the the large curved side that you just pinned





With right sides together put the lining and the outside together



Line up and pin the two center seams



starting with the center seam helps to line everything up

Then pin all along the top edge, making sure the lining and the outside are lined up



And sew along the pinned edge.  
Repeat on the bottom



Turn the mask right side out and iron around the edges. This will be a wee bit challenging due to the contouring of the mask, do not be discouraged just go slow and steady ironing around the edge.





Now top stitch along the top and the bottom



Optional nose piece channel:

Sew along the top (make sure it's the top)  $\frac{1}{4}$  inch from the top stitching.

Insert your nose piece. If using floral wire fold over the ends to avoid stabbing the wearer in the face. Make sure the nose piece is no longer than six inches ( this is because we will be sewing the ends and you do not want to sew over the nose piece if it sticks out too far)

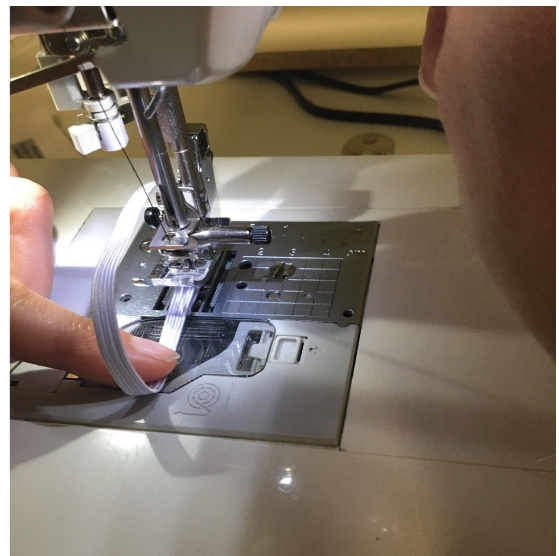


End of optional nose piece step

Now fold over and iron both sides about ½ an inch



Next you are going to sew your elastic into loops. If you find a different way to be easier feel free to do that instead, this is what I find to be easiest. With a zigzag stitch put the needle down in the elastic about 3/8ths of an inch away from the end of the elastic. Lift up the presser foot and place the other side of the elastic in a loop with the other side. It should be overlapping.





13) Zig zag stitch down and back stitch over the overlapping piece several times



14) Place the elastic in the flap you made on the sides of the mask and stitch the flap down. Make sure to back stitch a few times at the ends as there is a lot of strain on this seam.



You are now done! Please drop off the masks at the designated donation drop off locations. Please record any volunteer hours. Thank you!